NOVEMBER 15, 2013

"The best way to predict your future is to create it." - Abraham Lincoln

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LHS boys claim state titles for second year in a row

LHS boys soccer maintains reputation of excellence

Soccer

on pg.

By Maggi Ibis

On Oct. 19 the LHS boys soccer team faced Rapid City Stevens in the state tournament championship game held at Yankton Trails in Sioux Falls, and after a 2-0 shutout, the team earned the state title for the third time in four years.

LHS entered the state tournament with a 7-2-1 record and was ranked third behind Rapid City Stevens and Yankton. LHS Junior Cesar Cuellar, a First Team All-State award recipient, was the first to score in the championship, giving LHS early momentum that would carry them to win the biggest game of the season.

Cuellar scored from an assist from LHS junior Teren Schuster, which helped set the pace for the remainder of the game. This was followed by a goal from LHS senior Adam Belhaj. Out for most of the season due to a partial ACL tear and knee contusion, Belhaj was only able to play in the last game of the regular season and the state tournament. Belhaj played on the varsity team as a freshman, and he has been a key component to the LHS soccer club for four years.

"It was hard for me to sit on the sidelines unsure of when I would get cleared to play," said Belhaj of his experience during the regular season. "Although I wasn't 100 percent when I played in the state tournament, I was just happy to be on the field with my team."

LHS, despite losing to Rapid City Stevens in the regular season, was able to hold them off for the rest of

the game and seal the tournament Other than the championship title, a major highlight of the state tournament was defeating secondseeded a 4-0 rout in the semi-finals. Last season, LHS lost to Yankton in the semi-finals, resulting in the first time in six years LHS failed to reach the championship "There's an unbearable amount of pressure from coaches, friends and past players to live up to the reputation of LHS soccer, because we are always in the championship," said Belhaj. "It was really hard to overcome last season's early loss, but the pressure has turned out to be a good thing for us because we were motivated by our defeat, and it made us take the sport more ously." See Boys

Back-to-back wins for LHS boys cross country

BY DYLAN HALL AND KADE WALKER

Back-to-back. For the past two years the boys cross country team has dominated the state cross country meet. The Patriots, led by junior Will Lauer who placed second in the state, took home the title. Lauer and his teammates planned to do their personal best to set the pace for the LHS boys team and for the other state runners as well.

"It was a pretty good race. Our plan was to try to take it out hard, and not let it get slow, and we did just that," said Lauer.

All the Patriot runners finished in the top 20, which led to the Patriot's domination of the overall standings. The scene was set perfectly for the boys to take home another state title.

"We really couldn't have asked for a better day. The course was hilly and pretty uneven, and it was a rough course," said Lauer. "We knew we could win state the whole year after we saw how we had done in other meets, but we never expected to get such a great score."

LHS Cross Country coach, Eric Pooley knew the team would do well.

> tations were high going into the season, and the team met the chal-

Hisexpec-

"At the beginning of the year, our goal was to win another championship," said Pooley. "By the end of the year, we didn't just want a championship anymore. We wanted to challenge the state record for the lowest point total and put any competition out of sight."

The boys have now taken home two cross country titles since Pooley has taken over, and the team has a lot of respect for its coach.

"He keeps us motivated and still makes cross country fun for us," said Lauer. "Our coaches are great at what they do."

There is no doubt the Patriot boys will have their eyes on a three-peat. Through a grueling offseason training routine, they will look for state excellence again in 2014.

"Our training regime goes into this track season and all the way into the summer. We will run as much as 60 miles a week if not more to get ready for next season," said Lauer. "Our goals for next season are obviously going to be winning state, but I think looking beyond that and trying to get to Nike Cross Nationals has to be a bigger goal for us."

Pooley reiterated the need to train well and consistently in the off season. The season does not stop for dedicated cross country runners.

"In order to get better, we need to stay dedicated and keep running through the offseason. We have to continue to set our sights on big accomplishments," said Pooley.

.NEWS

Oct. 16 storm causes mass loss of cattle

West river students seek help after unforseen blizzard

BY MADDIE SCHULTZ AND MADDY RYAN

The October storm made national news, and South Dakota is in the headlines. Sioux Falls and other East river towns were not affected by the early October storm as greatly as the West river areas. The blizzard killed thousands of cattle, devastating businesses and families of ranchers. Faith, SD was one of the West river towns hit by the storms and students from Faith High School in Faith, SD have seen the effects first hand. Sophomore Bonnie Lutz and her family have a farm just outside of Faith and were greatly affected by the early snow storm.

"We ended up losing about half of the 130 cows we own and over a hundred of the calves. It just made me sick to my stomach seeing all our time and money laying dead," said Lutz. "It was just one of those days I don't want to ever remember, but it is hard to forget what we lost."

Dead cattle were not an uncommon sight for East river ranchers. Recently ranchers have been dealing with the carcasses with large burials. The physical aftermath does not match that of the financial devastation caused by the storm. Junior, Jami Derflinger and her family own a ranch 30 miles west of Faith and lost 13 horses along with many cattle.

"We were lucky enough to have a couple of our good horses insured, so we filed insurance claims for them. Other than that, we don't really have a plan," said Derflinger. "We are going to come up extremely short on our payments this fall, and we don't know how we are going to make it work."

Lutz and her family were not so lucky with insurance claims.

"We don't get anything from losing any of our cattle either, because the insurance that we have for our cattle only covers ones that have been struck by lightning or hit on the road," said Lutz. "It would have helped with recovering from this disaster, but I guess all a person really can do is take one step at a time."

To help those who were not as lucky with



PHOTO PROVIDED BY THE HUFFINGTON POST.COM

Many cattle died from freezing to death, getting caught in fences and getting stuck in potholes created by an intense autumn blizzard.

insurance situations, Tyson Foods decided to hold a 'Tweetcast' on Oct. 21, where anytime someone tweeted with the hashtag "Rancher-Relief," Tyson Foods would donate \$10 (up to \$50,000) to help the families affected by the storm. Many LHS students participated in the 'Tweetcast' by tweeting and re-tweeting tweets containing the sponsored hashtag. Most students at LHS will not fully understand the effects the storm had on West river ranchers because they do not own farms and ranches, but by connecting the technological world with these rural areas, more students and citizens were able to comprehend the aftermath.

"People in the cities really don't understand what ranchers and farmers have been going through," said Lutz. "I couldn't have imagined in my whole life, seeing our cattle die like that. Seeing a bunch of cattle stuck in a creek is something you should only see on TV, but

never in real life."

These cattle are these families' livelihoods. They work day in and day out to keep their livestock safe and healthy.

"Ranching is our job. If you lose half your herd, you lose half your paycheck. We've spent years and years perfecting bloodlines, and in two days they are completely gone," said Derflinger. "We had no idea it was going to be as bad as it was. It was absolutely insane going out the next day and seeing dead animals everywhere."

Throughout the next few years, the beef and dairy industry will fluctuate noticeably due to the loss of cattle. Even after the price of beef and dairy products have been restored to their original states, and the results of the devastation has fully recovered, we will always remember how South Dakotans and our surrounding communities came together to help our ranchers.

Statesman

The *Statesman* is a student newspaper created at Lincoln High School, Sioux Falls Public Schools, 2900 S. Cliff Ave., Sioux Falls, SD 57105. The *Statesman* office is located in room A400. The phone number is 605-367-7998.

The Statesman's purpose is to inform and entertain with an honest and accurate approach. The opinions of students, staff members and faculty are expressed in a tasteful manner. The Statesman is a member of the National Scholastic Press Association, the Columbia Scholastic Press Association and is a winner of the George H. Gallup award for "...distinctive achievements in scholastic journalism." The Statesman was awarded a Pacemaker in 2007 and is currently nominated again for the 2012-2013 year. The editors and adviser take responsibility for the content of the Statesman.

Follow the *Statesman* on Twitter @ lhsstatesman and "like" the LHS Statesman Facebook page.

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FOR NEWS UPDATES, PHOTO ALBUMS AND MORE!

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New downtown clothing store exclusively for men

By Jeb Cooper

Man Code is a new men's retail store located on Phillips Avenue in downtown Sioux Falls. Gabrielle Spangler, the owner of Man Code, opened her store on Sept. 1. The store sells designer mens business casual wear and targets men ages 30 to 50. Spangler has had experience in retail prior to opening the store.

"My mom and I owned a women's retail store in Okoboji, and when I moved to Sioux Falls for college, I decided to open a store on my own. The store has taken away a lot of my free time and shown me the true meaning of responsibility," said Spangler.

Finding property in downtown Sioux Falls is not an easy task. There is constant competition between businesses to own a storefront downtown. Once Spangler purchased the



PHOTO BY BROCK GILME

Man Code offers many styles of mens clothing that are not offered anywhere else in Sioux Falls.

property, she had the whole store gutted and redone. This process took a lot of time, money and effort. Now that it is finished, the store brings a new dimension to downtown Sioux Falls.

"I knew I wanted to open a retail store and I knew I wanted it to be located downtown. Realizing that designer menswear stores are lacking in Sioux Falls, I decided that is what I would sell," said Spangler. "When coming up with the name, I wanted to make

property, she had it clear to the public it was a men's store. There is a certain code to dressted and redone. This process took a lot of "Code" part of the store's name."

Man Code sells designer brands such as Ted Baker, Jared Lang and Buffalo David Bitton. The store sells men's designer shoes, watches and sunglasses along with selling casual button ups and jeans. The price range is moderate to expensive because of the higher quality materials used in making the clothing.

"Man Code has been nothing short of amazing. When I first started thinking of my ideas, writing them down and drawing them out, I knew it would be a lot of work and take my whole heart to get it done. My store turned out better than I could have imagined and the support I have received has been incredible," said Spangler.

Dick's Sporting Goods attracts atheletes of all sports

BY CARLY HOHMAN

The Sioux Falls retail industry is expanding and the most recent addition to the market is Dick's Sporting Goods. This will be the 557th Dick's store in the nation and will be connected to the Empire Mall. Although they were open on Wednesday and Thursday, the official grand opening date was on Friday, Nov. 8. Dick's is open from 9 a.m. to 9:30 p.m., Monday through Saturday and 10 a.m. to 7 p.m. Sundays.

With their motto being "Every season starts at Dick's Sporting Goods," it can be inferred that Dick's offers a broad spectrum of sportswear. The 44,000 square foot floor has anything an athlete could ever need, from hats to socks and everything in between. Dick's also caters to an array of sports including but not limited to golf, basketball, volleyball and track.

Customers do not, however, have to be involved in a sport to find something at Dick's. The new store also offers general clothing such as sweatshirts, jackets, sweatpants and shoes.

If one is looking for a place to get quality workout or sports equipment, Dick's would be the place to go. They carry brands including Adidas, Nike, Under Armor and North Face. Note that the high quality also comes with a high price; Dick's prices are not cheap, but compared to other sporting goods stores, they are standard.

Scheels is another Sioux Falls store that sells sporting goods. Some may think that the two stores sell the same things, but there are clear differences between Scheels and Dick's once one steps through the doors. While Dick's main market is athletes, Scheels is less specific and offers merchandise dealing with all



PHOTO BY BROCK GILMER

Dick's Sporting Goods is located in the Empire Mall near Macy's and J.C. Penney.

general outdoor activities such as canoeing, camping and hunting.

With the nearest store being in Omaha, Dick's establishment in

Sioux Falls is overdue, but now that the store is here, Sioux Falls residents can expect multiple positive outcomes. Dick's should help

contribute to the renovation to the mall and serve as a new store for customers to visit.

Common Core creates controversy

By Joe hiatt

A controversial set of academic standards known as Common Core have recently become a hot topic for debate in the Sioux Falls School District, as well as in many other school systems around the country.

On Oct. 15, parents, teachers, members of the Sioux Falls school board and S.D.'s Secretary of Education met to discuss the Common Core standards which are in place statewide. The meeting was tense at times with many parents expressing mixed opinions on the standards.

Dr. Melody Schopp, the state's Education Secretary, opened the meeting with the history and overview of the Common Core; then Superintendent Pam Homan and several Sioux Falls teachers answered concerned parents' questions.

The Common Core is a new method of learning to better prepare kids for life after graduation, not just in college, but throughout their careers. Common Core was adopted in 2010 after states band-



PHOTO BY JOE HIATT

Teachers, parents and school board members fill up IPC to discuss the positive and negetive effects of Common Core.

ed together to set up the standards. It is a voluntary process, meaning states do not have to accept the standards; in fact, five states currently have not adopted the Common Core.

"Common Core standards promote problem-solving and higher order thinking skills. They ask students to evaluate, explain, debate

and demonstrate their knowledge. In today's workforce, employers need workers who can think critically, apply knowledge to the real world, solve problems and communicate effectively. The new standards promote exactly these types of skills," said Schopp.

Another important component to Common Core is its consis-

tency across the nation. Occasionally students move from district to district or state to state. While each state has the right to create the standards that best fit its student's needs, the Common Core provides a base where each state can begin. Standards are research-based, developed by educators around the country and supported

by the business and higher education communities.

Some of the main concerns voiced by parents at the meeting were related to the overall rigorous nature of the standards. Some parents were concerned the standards are federally mandated and were adopted with little or no parental input. Schopp believes in the long run students will benefit from the new standards.

"The Common Core Standards were developed to align with expectations for college and career readiness in the 21st century. They were informed by the best models in the country and benchmarked to top-performing nations, which means our students will be better prepared to compete for jobs with students from around the world," said Schopp. "The standards have been endorsed by businesses and industries across the U.S., including the United States Chamber of Commerce organization. The standards will help our students in S.D. to be on track with other students and to be prepared for college, career and life."

National Merit Scholar semi-finalists announced

By Maggi Ibis

LHS is having yet another impressive year academically with the announcement of six National Merit Scholar semi-finalists in the class of 2014. This year's qualifiers are Hannah Asfeldt, Sean Calhoun, Pranam Dey, Shelley Feng, Colten Fisher and Jeremy Mettler. These seniors scored in the top 16,000 out of over one million high school students across the nation, and will now continue the process of becoming a finalist.

Each fall, students at LHS take the PSAT, which serves as a practice round for the SAT. The PSAT also determines the National Merit Scholar semi-finalists at each school. They are tested on

a combination of math, writing and critical skills to determine the highest-ranked students in the nation. David Meyers, a counselor at LHS, outlined the benefits and criteria for taking the PSAT.

"It is good practice for the SAT and even the ACT, but it is also a competition for scholarships. To get to this point, you must be a great student," said Meyers.

The six students who have qualified as semi-finalists this year will move ahead in the competition by filling out an application that includes an essay, counselor recommendations and SAT scores to be considered for the finalist title. The National Merit Scholarship Corporation gives out over \$35

million in scholarships each year to the 8,000 finalists who make it to the final round.

Recognition as a National Merit Scholar semi-finalist is one of the highest honors high school students can receive during their educational careers and in addition to the scholarships they can receive as finalists, students also gain more attention as stand-out scholars during the college application process. This year, LHS has the most semi-finalists in the state of South Dakota.

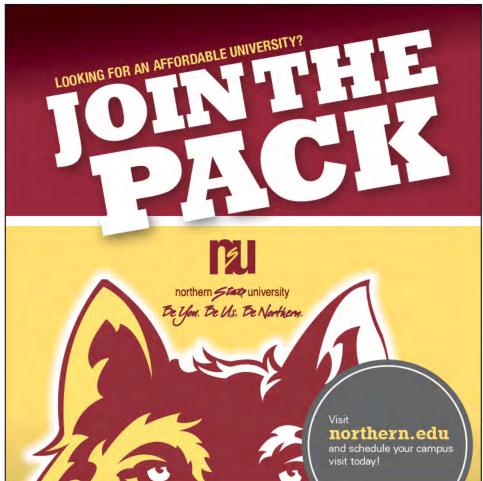
"They have put a lot of work into their course selection and schoolwork, and I applaud them for going above and beyond expectations," said Meyers.



PHOTO BY BROCK GILMER

This year's National Merit Scholar Semi-Finalists proudly represent LHS. The finalists include Hannah Asfeldt, Sean Calhoun, Pranam Dey, Shelley Feng, Colten Fisher and Jeremy Mettler.







CAMPUS PREVIEW DAYS

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OP/ED

Gay as an adjective

By Lucas Michaels, Staff Writer

Homosexuality is a highly debated topic, especially in the Midwest. No matter what position a person takes on this issue, it is impossible to deny that support for equal rights for homosexuals is on the rise in America. There are currently 14 states which allow same sex marriage, and politicians expect that number to rise after elections this year. Even if someone disagrees with the homosexual lifestyle, it is time to face the fact that homosexuality is becoming an accepted part of today's culture in America.



"Think about how many times a day a student might hear or say the phrase 'that's so gay'."

Think of it this way: 200 years ago, the thought of anyone except upper class, white males having rights in America would have been ludicrous. The same was true for homosexual rights. Not even 40 years ago, it was completely frowned upon in America, and obviously that is not the case now. I imagine that 40 years from now, same-sex marriage will be allowed in every state.

For high school students, the main problem

is not homophobia. If a student announced that they were gay, it would not bother us. I believe that if that is what someone wants to do, they have that right as an American to do that. I'm perfectly fine being around someone gay. It shouldn't even matter, and I think that's the attitude of most students at LHS.

So, if as a school, we are not affected by homosexuality, then why are we using "gay" and other discriminatory terms for homosexuals to describe something we do not like? Think about how many times a day a student might hear or say the phrase "that's so gay" or something along those lines. Even if you rarely ever say it, it shouldn't be used at all.

Using homosexuality as an insult or putdown just does not make sense. More often than not when people use gay as an adjective, the object or person that they are describing has nothing to do with homosexuality. Originally using homosexuality as a insult was used to describe something that was homosexual, now, it seems that more often than not it is just thrown around like any other adjective. As I said before, homosexuality has not been part of the social "norm" until the last few decades, but that shouldn't be an excuse. Homosexuality has been a functioning part of our society for far too long for people to still be ignorant to what we are saying. We need to learn that using "gay" or other derogatory terms to describe something is not acceptable, whether we support homosexuality or not.

Banned, but not forgotten

BY ELLEN KOESTER, STAFF WRITER

A few weeks ago, I read J.D. Salinger's "Catcher in the Rye" and was surprised to learn the book has been banned in some school districts. A South Carolina school board member went so far as to call the novel "filth," according to the New York Public Library's website.

After I considered the book's banning for a while, I understood it. It makes sense that some would think that the book should be banned, because of its language and a very brief and anti-climactic scene with a prostitute. Out of curiosity, I looked online for other titles of banned books.



"Do yourself a favor and pick up a banned book."

Many of the books on the American Library Association's top 100 list claim their spot for unsupported reasons. J.K. Rowling's "Harry Potter" series is the most challenged books according to ala.org because of its ties to "Satanism." Wizardry is very different from Satanism, unless one happens to

be from the 1700s. Even more surprising, Harper Lee's classic "To Kill a Mockingbird" is on the list for being "racist." I read Lee's classic last year as a sophomore and can find no base for the allegation. The reason it is taught in thousands of classrooms across the nation is because it preaches against racism.

Other books are put on the list for their use of homosexual characters. Stephen Chbosky's "The Perks of Being a Wallflower" and Alice Walker's "The Color Purple" are both near the top of the list. However, the book that outranks them, surprisingly, is a children's book called "And Tango Makes Three," by Justin Richardson and Peter Parnell. This book is a true story about adorable penguins in the Central Park Zoo who exhibited couple-like characteristics and were given an egg by the zookeepers. The outrage over this book stems from the gender of the parent penguins who are both male. Although others may disagree with me, this is not a valid reason for banning a book.

My suggestion as a reader: Do yourself a favor and pick up a banned book. If they're banned, this usually means they're well-known and worth the search to read. Titles of banned books are very easy to find, since there are many banned book lists on the Internet. Ironically, these lists promote reading these books instead of doing the opposite. This is just one more strike against "The Man."

School dress code: Not the same for all students

BY CHANEL AUGUSTUS, JOURNALISM STUDENT

When walking down the hallways of LHS, dress code violations can be seen everywhere, and females seem to get the brunt of much of the code: No cleavage, shorts must be the length of pants, and god-forbid, a teacher might be able to catch sight of a back, midriff, or a sliver of a shoulder. If students wear a bandana or snap back, they might be percieved as "gang affiliated." But is this perception for everybody or just for minorities and the like?

One can glance around LHS and see a rainbow of bandanas and beanies, but not on minorities. When a black, Hispanic or Native American student wears a bandana, they will, most likely, be asked to take it off. It seems to me the LHS staff practically pounces on the perpetrators in a rush to enforce this zero tolerance policy. While not all teachers are of the nature described, most do fall within the category, whether they are aware of it or not.



"I am not part of a gang, and my race doesn't antomatically make me."

Discrimination is very much alive. Even if unknown to its carrier, it is able to peek out

and show itself. Movies and news still often portray a minority as the "bad person." A minority actor will more easily be able to get the role of a drug dealer or gang member, rather than a doctor or lawyer.

From time to time I wear a bandana, knowing fairly well which teachers will require me to remove the forbidden material, and who will not. Sometimes I enter a classroom, where the very day before a white female has worn a bandana the entire class period, yet I am forced to remove it. A teacher always has the excuse of "I didn't see it." But the female was wearing a hot pink or neon orange bandana, while my bandana is black and practically blends in with my hair. This cannot be more obvious. The situation would be different if I wore the same

colors every day, had a bandana sticking out my back pocket and picked fights with people wearing different colors as me. But I am not a part of a gang, and my race doesn't automatically make me. But my race does automatically break me.

Minorities are simply born without the same privileges as those who are not, and only a minority will ever be able to completely understand that.

School is supposedly a place where diversity is welcomed rather than shunned by unequally enforced rules. But the welcome isn't very inviting, LHS needs to work on providing equal enforcement. The dress code either needs to be revised or heavily enforced for all.

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Senior pictures: Not worth it

By Makayla Disburg, STAFF WRITER

Senior year is a big milestone in our lives, and as we approach the end of our time in high school, senior pictures become a necessity for graduation announcements and the yearbook. Many teenagers and parents stress over getting senior pictures done. Parents spend hundreds and sometimes thousands of dollars on senior pictures every year. My question is, is it worth it?



"A couple years down the road, most seniors will forget about their senior pictures."

Senior pictures are taken to show how much students have changed and achieved over 13 years of school. Most pictures are professionally taken and make the seniors look great. As a senior, I can personally say I was really looking forward to getting my pictures done, and when my friends get theirs done, I'm excited for them. But honestly, in a few years will I really care how I looked my final year in high school? A couple years down the road, most seniors will forget about their senior pictures. Styles are going to change, and today's seniors more than likely, won't be impressed with the way they looked. Pictures are just pictures, and while it's nice admiring how great everyone looks, the amount people pay for senior pictures isunreasonable. Senior pictures are really only used for two things: yearbook pictures and open house invites. As seniors continue to grow older, they're not going to want to use pictures from the past to represent the present. This would be like current seniors using pictures from seventh grade to represent how they look

Senior year is a big year because it's the last year before seniors go off in the real world, trying to figure out life on their own. It is a good year to reflect back on all the other grades and compare the changes. Senior pictures are a good representation of the changes, but are way overpriced. My advice for this year's juniors: Don't have your parents spend hundreds or thousands on your senior pictures. Have them buy you a flat screen TV, a laptop, or something that you can use later on in college or in your apartment. High-priced senior pictures may seem important now, but in the long-run, your parents' pockets will thank you for choosing a more inexpensive route.

Holidays give the chance to reconnect By Joe HIATT, STAFF WRITER days should be about. So instead of playing Xbox with

While most LHS students are looking forward to the upcoming holidays simply for the break it will provide from school, Thanksgiving and Christmas break is also an opportunity for reconnecting with family that we may not have seen since last year.

The busy schedule of school, band, sports and other extra-curricular activities make it difficult for many LHS students to find time to spend with family, so these much needed breaks will give us time to relax and catch up. However, simply being under the same roof with family for a few extra days doesn't guarantee quality time. There are still many distractions.

Every year for Thanksgiving, my family from New York comes. We have a great time playing Xbox, watching football and movies and eating food. This year might be a little different though. Ever since I can remember, my cousins, uncles and I have spent a lot of time playing Xbox. This year we won't have an Xbox and while a part of me is sad about that, another part is excited to see what other activities fill that void.

I believe that all the technology we have at our fingertips can be a major distraction from what the holi-

days should be about. So instead of playing Xbox with my cousins, we could play a game where we actually talk to each other or we could help our Grandpa whip up some of his delicious homemade ravioli. The important thing is time spent together. The memories you make doing something like this together will last much longer than any epic "Madden" game.



"The memories you make doing something like this together will last much longer than any epic Madden game."

So set down your phones for a couple hours, put away the video games, dig out the dusty, old Monopoly board or just sit down and have what our ancestors used to call a "conversation". You might find a holiday spent like this is just the kind of break you needed.

Student council revealed

By Carly Hohman, STAFF WRITER

There are many misconceptions that float around about student council, and many students aren't fully aware of what the organization does. The common assumptions are that members' only job is to organize homecoming, and members get special privileges.

Being on the LHS Student Council is a time commitment and a privilege. Members are required to attend and take part in meetings, outside of school activities and other events. Each student is allowed three "misses," excused or unexcused, per year. That is, a council member is able to miss up to three mandatory events, but after the fourth miss, that member is no longer able to be a part of the council.

The council is responsible for organizing root beer float sales, Winter Formal and the Mr. LHS Pageant. The group also takes an active part in the community by dog walking at the humane society, serving food at The Banquet, tying blankets for Project Warm-Up and raising money for various charities.

The members of the council also get to know each other by interacting and keeping busy year-round with the activities. Various types of people are brought together through Student Council and many friendships are built that otherwise wouldn't have happened.

Every year there are conventions across the U.S. that the council attends to learn about new ideas and discuss how to expand and improve the performance of the council in their schools. Last year, five council members attended the National Student Council Convention in Las Vegas, Nev. to get the whole school involved in leadership. Next year, a few other members will attend the convention in Orlando, Fla.



"The members of the council also get to know each other by interacting and Keeping busy year round with the activities."

The best thing about the whole LHS organization is that students are elected to be leaders by their peers, and it is a student-run organization. Students should consider running for student council; elections are held during February. It is a great way to get to know people, build leadership skills and be an active part of the community and school.

I'm sorry, I just can't follow you

By Kaylie Ericson, STAFF WRITER

Five years ago, being excluded from a trip to the mall or a sleepover was the biggest insult imaginable for a pre-teen. Today, a new kind of shame has been introduced: The loss of a fol-

With over 500 million users worldwide, Twitter has become one of the biggest social media sites in the world. High school and college students are a large percentage of the Twitter population, and the site has become a part of our everyday lives. There is a social hierarchy that has been created based on the number of followers people have; having fewer than 200 followers isn't "cool," and an elite few students at LHS have around 1,000. Sitting at a modest 178 followers, I'll be the first to admit it: I do take it a bit personally when someone unfollows me. Did I tweet too many times in one day? Was my witty tweet not so witty? However, in the big picture of life, it doesn't matter.

There is a tweet protocol of sorts. Before following someone, most people go through a few days' worth of that person's tweets to see if they're

"worthy" of a follow. Some people get extremely offended when one of their friends chooses not to follow them, but perhaps they haven't thought about reasons. There are unwritten "following" and "unfollowing" rules; I will unfollow you, and I would expect you to unfollow me, if the Twitter feed consistently...

- 10. ...bores people.
- 9. ... is a breeding ground for complaints.
- 8. ... contains unoriginal or repeated posts.
- 7. ...has too many song lyrics.
- 6. ...is linked to Ask.fm answers.
- 5. ...is a place to beg for Harry Styles' atten tion on a daily basis.
- 4. ...has retweets of parodies.
- 3. ...abuses hashtags.
- 2. ...has simply too many tweets from a single person.
- 1. ...contains out-of-control subtweets.

If your tweets fall under any of the above categories, don't take it personally when your friends begin to unfollow you. And if you're an unfollower, hate the tweets, not the tweeter.

OP/ED

Memories of a South Dakota legend reveal simple truths

By Pranam Dey, Managing Editor

It is amazing what you can do in five days. Over the past summer, I had the opportunity to experience one of the lasting legacies of Allen "Al" Neuharth, one of South Dakota's greatest sons.

Neuharth grew up in rural Eureka, SD during the Great Depression and later served in the Army during WWII. After his time in the military, the young veteran went to USD and was the editor of its newspaper, "The Volante."

After college, he entered the journalism world, starting the short-lived "So-Dak Sports" newspaper before going on to work in Miami, Detroit and Rochester. In Rochester, he became CEO of the Gannett Company, thr media conglomerate which owns "The Argus Leader." Most famously, he founded "USA Today," one of the most widely distributed newspapers in the country.

Neuharth's legacy extends beyond newspapers. After retiring from Gannett, he founded the Freedom Forum, an organization dedicated to defending the First Amendment. Last summer, I had the incredible opportunity to spend a week in Washington D.C. as the South Dakota representative at the Al Neuharth Free Spirit and Journalism Convention. Meeting with some of the biggest names in journalism was an inspiring experience. The speakers urged us not to refer to ourselves as high school journalists but rather as journalists who just happen to be in high school.

Regardless of age, we all write for the same reason, to report the stories people need to know, even if they're not the subject of viral videos. In the age of Twitter and blogs, Al Neuharth's legacy reminds us that the foundations of journalism, hard work and curiosity, are as important as ever. Even students uninterested in journalism will depend on reporters to get the news, so it's important for all of us to appreciate Neuharth's life and legacy. I know I certainly will.



PHOTO PROVIDED BY NEWSEU

Ask.fm: Asking for trouble

By Ellie Brecht, Staff Writer

Over the past few years, cyber-bullying has become a major issue for teens and young adults across the country. Not only have some online situations caused hurt feelings and arguments, but a few have even led to suicide. The sources of this major problem are the countless number of social networking sites that allow people to say what they want behind the screen. As many know, the internet makes it much easier to say things that most people wouldn't say to someone's face.



"I continuously wonder what good comes from a web-site where someone can anonymously say anything to any user."

Recently, Ask.fm has become an increasingly popular website that I truly dislike for many logical reasons. The site allows anyone to ask anyone with an account any question he or she wants. For the most part, teens ask other teens questions, but more recently it has become a place for harassment. For some reason, it "helps" peofor harassment.

ple feel better about themselves when they put other people down, which doesn't make much sense to me and shows signs of immaturity and insecurity. People use Ask.fm as a tool to degrade others, and it is becoming a bigger issue as time goes on. I personally know of more than a few situations where ask.fm users have been devastated due to things that were said to them or about them. The real problem is that comments can be said anonymously. Because of this, the person behind the bullying or harassment on Ask.fm is difficult to identify, and it can take up to six months to do so.

I continuously wonder what good comes from a website where someone can anonymously say anything to any user. It is a problem, and although users have the ability to refuse to answer a question, they still see what was said to them and that can hurt just as badly. From the other point of view, I do believe good things can be said on Ask.fm to increase other's self-esteem, but a person shouldn't need virtual affirmation that he or she is "good looking," or "really good at something," but of course those things are nice to hear.

Although good things can come from this website, they don't even come close to outweighing the cyber-bullying that can come from ask. fm. The remedy for all: Avoid the website and try to find something more productive to do with your free time.

"YOLO," do it right

By Bailey Monson, Staff Writer

People all over the world have heard the clichés. Words like "swag," "turn-up," "hipster" and "hash-tag" are the slang of the 21st century. YOLO, "you only live once," has a tendency to be overused, but is it a phrase to truly live by? I say, yes.



"YOLO, 'you only live once,' has a tendency to be overused,"

YOLO is truly an encouraging mantra. As a mortal species, we will, in fact, only live once. That part is true. But perhaps we should ask ourselves this: Am I happy? Am I successful, free and living? Am I spontaneous, loved, creating the impossible and dreaming in colors?

In this generation, I believe we have people who will fall through the cracks. I believe we will have people dissolve into the predictable routine of this life, just like any generation before us. But I also believe that we will have people living for the moment. I don't want to

be that adult that's living because I have to be. I don't want to work day after day, 8 to 5 hating my job and the people that surround me. I don't want to be making a living; I want to make a life worth living.

People need to follow their soul, whether it is living free in the wilderness or being successful in New York City as the New York Times editor. If we all have the confidence to take chances, we will have the next Neil Armstrong, Steve Jobs and Bill Gates. Our free-spirited, life-loving generation will soon discover the next Vikings quarterback, Beyoncé and Jane Goodall. We need to find our true purpose in life, no matter what it might be.

If we don't do what we were meant to do, and want to do, we will never know our true potential. Sadly, some people are so consumed with the thoughts of who they are supposed to be and they don't take the time to focus on who they truly are.

What's my advice to the student body? Make sure that this is the life that you've chosen for yourself. Don't live for anyone else. Don't be afraid. Take midnight strolls with your ukulele. Jump in the lake, look at the stars and just breathe. Dream big, and don't let anyone tell you what you can't do.

Even though the term YOLO may be a cliché, look at it more deeply. When in doubt, YOLO it out. SOUTHEAST TECH

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FEATURE

Johnson races to the finish line

BY ERIN DAUGHERTY

The sport of auto racing is a sport few LHS students know about, but for LHS junior Kaleb Johnson, it is a part of his everyday life. Johnson has been racing since he was five years old, after getting interested in the sport when he was just four, through go-karting with his father.

Johnson races throughout the Midwest almost every weekend from April through September.

"Most of my competitions take place at Husets and Jackson Minnesota," said Johnson.

Every competition for Johnson is his toughest, since racing is an individual effort, not a team effort.

"Everyone is competitive in the racing world. But my best competition is the people that race every weekend and have the most experience. It can get very nerve racking at times when it comes down to the end of a race, which makes it a lot more fun." said Johnson.

Johnson's biggest motivator is his own desrire to succeed.

"My biggest [internal] struggle as an auto racer is not finishing a race because I'm competitive, and it would bite at me if I didn't finish," said Johnson.

Most people who are in a sport have a player or participant they look up to. The person Johnson most looks up to in the auto racing world is Kasey Kahne. "I look up to him because he is a younger driver and I have looked up to him since I was young," said Johnson.

To prepare for the races Johnson doesn't practice, but to make sure that his car is in top notch condition, he and his dad work on the sprint car together. The purchase and maintenance for sprint cars and other kinds of cars in auto racing can really add up.

"It can cost anywhere from fifteen to fifty grand to do auto racing. It is very important that the driver's car has been properly maintained, because the biggest concern in auto racing is safety, keeping both time-consuming sport, racing is big part of his life, and Johnson dangerous and late out have it any other any other way.

Racing: A rush for Haugan



BY ALEXA ANKRUM

When people decide to join a club or sport, they do so for a variety of reasons. Some people play basketball because they are athletic, some people join an art club in order to express themselves visually, and some join speech or debate teams because they like to argue their point. Different people do things for different reasons, but the one reason that remains constant is joy. People want to do things for the enjoyment of it and because they cannot experience that same feeling of enjoyment from other activities.

That is exactly how LHS senior Carter Haugan feels about quadracing. Quad-racing, is a motorsport where the drivers race All-Terrain Vehicles across a dirt track with speeds up to 65 mph. Haugan has raced throughout most of his youth, and is currently looking for ways to finance his passion. The cost for a raceworthy ATV ranges from \$5,000 to \$10,000.

"Two years ago, I [became] too old for the class of racing I was in, that meant that I had to buy a new ATV, and it was too expensive for me at the time. Right now, I am just trying to get enough money to buy a new ATV and race again," said Haugan.

When Haugan was racing he practiced and competed at the Sad-dleback Race Track, located North of Sioux Falls.

"During practice I would mostly work on starts, because [at the beginning of] a race there are usually eight racers on a starting line, and drivers only have a second to react when the light turns green," said Haugan.

Haugan was dedicated to quadracing, not just because it was an exciting pastime, but because it was a way to bond with his family.

"My dad used to race stock-cars at Huset's Speedway, and I have an older brother who also raced four-wheelers, so I was brought into it family-wise. [My dad and I] went [to the track] whenever we had time. My dad was my coach and my team," said Haugan.

But at the heart of his love for quad-racing, is the rush he felt that made him love the sport.

"Just the high speeds and the close racing was a rush. [When I was racing] I was just inches from the other racers. It was a little bit terrifying, but it has taught me not to back down from something that I want to achieve," said Haugan.

Haugan wants to race again because racing gets his blood pumping. It is his passion, and that is why he wants to pursue it.

"[For me], no other sport compares to racing because of the speed and the adrenaline rush it gives me," said Haugan. **FEATURE** STATESMAN | November 15, 2013

Do iPhone cases reflect who you are?











By Ellie Brecht Everyone has a different sense of style and taste, and iPhone cases are a great way to show it. Depending on gender, style and taste, most people choose an iPhone case to prevent cracking and other types of damage. The real question is, besides the "look" of a phone case, what entices someone to buy a certain phone case? Are phone cases an extension of our personalities and sense of fashion? The Statesman has been keeping an eye on cell phone fashion. Try matching the phone case to the student.







Anna Stritecky, 1







PHOTOS BY BROCK GILMER AUGUSTANA COLLEGE name is:

LHS students take on the workforce: Mettler and Besestre

BY ALEXA ANKRUM

Grocery baggers, fast-food workers and stock boys/girls are a few of the most typical jobs teenagers have during high school. But there are some teenagers who go the untraditional route, who have jobs that are not considered "normal." As a result, they gain different insights and work experiences that could prove beneficial in the future.

LHS junior Paco Besestre is gaining new insights on work ethic as he cleans up at the Welcome Mat Laundromats on 10th, 12th and 57th streets in Sioux Falls.

"I usually either go early in the morning or late at night. I mop the floors, sweep the floors, check the soap-dispensers and make sure everything is in stock," said Besestre.

Besestre's mother, Sandra Ralda, used to work at the Welcome Mat Laundromats when Besestre was in 6th grade, and he would often help her at work. When Ralda changed occupations, she convinced the manager to give Besestre her former job. Besestre's "odd job" at the laundromats has taught Besestre good work habits

"I have never really had a problem with staying organized, but [my job] has given me a new standard of orderliness. It helps me keep my priorities straight," said Besestre.

Besestre is not the only LHS student with an unusual job. LHS junior Sarah Mettler works at her father's construction company, Mettler's Construction. Mettler primarily works with finishing the interior of the house, which requires nailing the trim on baseboards, doors and windows.

"[The construction workers] put holes in the trim of a house, and in order to make it look better, we have to put molding in all the holes. There are about 100 holes in each room in any given house," said Mettler.

Although Mettler only works for the construction company in the summer, the job has its challenges.

"It takes a lot of time and hard work. I have to crouch down for hours, so my back usually hurts by the end of the day. It can be pretty boring too. I pretty much do the same movements for hours and



PHOTO BY BROCK GILMER

Junior Sarah Mettler works at a construction company during the summer. Mettler loves the experience of her unique job.

hours," said Mettler.

However, Mettler sees how having a "weird job" has benefitted her.

"My job has taught me a lot about

houses and how they are constructed. I am sure that when I grow up and get a house, I will use what I have learned," said Mettler.

McLoone's photography: More than just a picture

By Makayla Disburg

Transitioning from a waterproof Barbie camera, to various point-and-shoot digital cameras, to a Canon Rebel EOS T31, LHS senior Cassia McLoone has made her way into the photography industry. McLoone's success has led her to multiple senior picture opportunities, but she aims to make them more unique than the typical pictures.

"I strongly dislike the classic downtown pictures," said McLoone. "I don't like to see them. I'll go where [clients] suggest if they have a strong idea, otherwise I take them to a place that captures their personality. They have to be personal, and all of the pictures I have done are different."

Along with senior pictures, McLoone has also done family and wedding photography, but her favorite kind of photography is portraits.

"I take a lot of portraits because I want to send a message," said McLoone. "I want deep intense emotion. I want to make people uncomfortable, and really get them thinking. There isn't anything sharper to the emotion and relatable to an audience than humans."

McLoone grew to love the art of photography at a young age through her family. Her mother is an artist, and her grandfather had a dark room in his basement where she would sit and watch him develop photos.

"Honestly, I have so many emotions, thoughts, stories and struggles. Some people have sports and music, but photography is my outlet," said McLoone. "My inspiration comes from my feelings and

struggles. I can relate my struggles to something, create an image in my head, and it explodes from there."

Though exposed to photography early in life, McLoone first became serious about her passion when she was a sophomore.

"I used to take pictures of my guy friends skateboarding," said McLoone. "Doing that every day helped me figure out angles and to think differently. I was lucky enough to get a camera, and I really started to take it seriously."

Her favorite subjects to photo-

graph are the people she surrounds herself with.

"My photos are personal and important. Having people important to me in my photos, makes them more meaningful, and they're amazing to look back on."

McLoone has taken both photography classes offered at LHS and continues to improve her skills. She is a big fan of the Minneapolis College of Art and Design (MCAD) and is thinking of making photography a profession when she is older.



PHOTOS BY CASSIA MCLOONE



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51-20

Oct. 4
Homecoming
vs. RC Stevens
49-10

Nov. 8
Semi-final game
vs. OGHS
28-0

Sept. 13 vs. RHS 35-28

Oct. 11 vs. Harrisburg

23-0

Oct. 31

First round of playoffs
vs. RC Stevens
42-7

Aug. 30 vs. RC Central 55-19 Sept. 27 vs. Brookings 28-7

State Championship vs. RHS

FEATURE ACT vs. SAT: A quick refresher on the differences

BY PRANAM DEY

The ACT and SAT can strike fear in the heart of many a high school student. In addition to the challenges of the tests themselves, it can be hard to decide which test to take or whether to take both. These tests are the two most commonly used for college admissions; virtually every college in the country requires its applicants to submit scores from one or the other. Traditionally the ACT has been more popular in the Midwest while the older SAT was mostly used on the coasts and in the South. Now , however, the two tests are largely interchangeable. USD and SDSU both accept either test, so LHS students should generally feel free to take whichever test they prefer. The two tests have largely the same content and structure, but there are some particularities with each.

The ACT has four standard multiple choice sections, Math, Science, English and Reading, along with an optional Writing section. Only certain colleges require the Writing section, which consists only of a 30 minute persuasive essay, so students confident in their writing ability

to keep their options open. The English section (75 questions in 45 minutes) tests grammar, sentence structure and organization. The Reading section (40 questions in 35 minutes) is essentially passage-based reading comprehension. The Science section (40 questions in 35 minutes) is a little mistitled. There is no actual science knowledge needed. Students will have to read graphs and analyze experimental procedures, not balance chemical equations or memorize obscure formulas. The Math section (60 questions in 60 minutes) covers algebra, geometry and trigonometry, and students are permitted to use graphing calculators. Thankfully, trigonometry is only seven percent of the math section, and most of it sticks to basic right angle triangles, though some more complex ideas do occasionally show up. The ACT is designed to test the material generally covered in the high school curriculum, and there are no trick questions. Unlike on the SAT, there is no punishment for guessing incorrectly, and composite scores range from 1 to 36 with a national average of 21.1.

The SAT has ten sections, startmight be better served taking it just ing with a mandatory 25 minute persuasive essay. There are only three subject areas: Critical Reading, Math and Writing. Each subject is spilt into several sections arranged in random order, although writing is always first and last. Except for the essay and a few grid-in math questions, all of the questions are multiple choice with five possible answers, and students do lose points for wrong answers. Critical Reading is split into three parts, and each section is much like ACT Reading, although there is also a greater emphasis on vocabulary. Unlike the ACT, the SAT Writing section is mandatory and includes two multiple choice sections along with an essay. In essence, it is the ACT Writing section combined with the ACT English section. SAT Math is split into three sections, one of which contains a grid-in portion along with the standard multiple choice. The math section covers less advanced material than the ACT, but unusual applications of simpler ideas and trick questions can confuse students. Each section's scores range from 200 to 800, leading to total score range of 600 to 2400. The national average

Regardless of the test, no one likes

spending four hours on a Saturday filling in bubbles. Still, students have to take one or the other, so it is best to choose the test that is better aligned to the student's strengths and just get it done. The sooner the test

is over with, the sooner students can return to sleeping in on Saturday. Remember that it is only one weekend, and try not to stress out too much. If one test goes badly, students can always retake or take the other.



Senior Carly Hohman tosses away her study guides. After taking her tests, she can enjoy the rest of her year stress-free.

ducation and home life: It is all in the family

By MarieClaire Christenson

When walking through the school halls during the day, a student would not expect to see their parent walking the same halls, but for LHS sophomore Reegan Tolk and junior Adam Ortmeier it is not an uncommon sight.

Reegan Tolk is the daughter of LHS Biology teacher Tia Tolk, and Adam Ortmeier is the son of German teacher Michelle Ortmeier and AP Biology teacher Steven Ortmeier.

"I think it is great seeing Adam in the hall," said Michelle Ortmeier. "It is nice to keep an eye on him, and I'm always here if he needs something."

Tia Tolk enjoys having Reegan in the same school. It helps when trying to keep track of her daughter's

whereabouts, and it makes it easier having more personal relationships to know what is going with her teachers," on at school. said Tia Tolk. "An advantage Every child



The Ortmeier family spends nearly 24 hours with each other.

is subjected to parental embarrassment at some point in his or her life, but having a parent working at their high school makes the child more prone to the harmless fun than the

"Last year I was in biology, and my mom walked in, pointed out to the class that I was her daughter, and proceeded to wave and kiss me on one the cheek,"

said Reegan Tolk. "I had the reddest face in the class."

As the freshman year mortification of having a parent at LHS subsides, the students with LHS staff members as PHOTO BY BROCK GILMER parents start to

realize the convenience of it all.

"It is nice because they are here when I need them," said Adam Ortmeier. "I can always go get money, food or anything else if I need it."

Adam Ortmeier, who has both his parents teaching at LHS, takes on more of a friend role with his mom and dad at school compared to at

"At school it is a lot more playful in a way," said Adam Ortmeier. "I treat them like I would any of my other teachers."

All in all, having a parent at LHS has more advantages than disadvantages; it helps the student create a stronger relationship with their parent despite the minor embarrassing moments that may occur.

strength

1: The emotional or mental qualities necessary in dealing with situations or events that are distressing or difficult

By Maggi IBIS

It has been said everyone has a story, no matter how moving, everyone has fought some sort of battle in life. Judging by sophomore Andrew Borchert's calm, laid-back personality and easygoing presence, no one would guess he suffered from a serious disease that threatened his health and ultimately his life four years ago.

What began as treatment for a common case of strep throat, rapidly turned into something much more serious for Borchert, who reacted poorly to a form of penicillin he was given by his doctor to fight the virus in Oct. 2009. He fell extremely ill from the allergic reaction, and after a week of tests, doctors diagnosed Borchert with Stevens-Johnson syndrome.

"[Stevens-Johnson syndrome] attacks the mucous membranes, so it was very hard to eat. I lost 20 pounds during the month I was in the hospital," said Borchert. "There was also fluid in my lungs, so I had pneumonia on top of that."

The disease is extremely rare, (Sanford Children's Hospital had only seen three other cases at the time) yet it was relatively easy to treat, despite the extensive treatment process. When his body rejected the medication, it essentially tried to leave his body through the skin, creating large and painful blisters. If the doctors had not diagnosed him sooner, the blisters would have spread, and paired with the pneumonia, it could have been much worse.

"At first, [doctors] thought it was chicken pox, because of the blisters on my skin," said Borchert. "Once they figured out what it was, they started treating it right away. It is a life-threatening disease and would not go away on its own."

Although Borchert is considered completely cured of Stevens-Johnson syndrome, he is still burdened with a chronic cough that he struggles with each day because of scar tissue that remains in his lungs. He has also had roughly 10 cases of pneumonia since he was hospitalized.

These setbacks do not seem to phase Borchert. He is a member of the football and track teams at LHS and enjoys spending time with friends. As he continues to thrive within the halls of LHS, Borchert will also continue to remember what his experience with the illness has taught him.

"Do not give up, keep trying and keep doing what you can to improve. Even when it hurt to eat, I kept trying because I wanted to get better," said Borchert. "My definition of strength is being able to go through something and coming out a better person."

2: The quality or state of being strong: Capacity for exertion or endurance

By ERIN DAUGHERTY

Strength: "The quality or state of being strong; bodily or muscular power." LHS junior Braxton Large loves lifting weights, and a lot of them. Large is in Aaron Beavers' basic strength class to help him stay in shape and to also help him get stronger for the sports he plays. Large participates in football and soccer. Being so athletically involved, he has to spend a great deal of time dedicated to improving his athletic performance.

"During the football season I exercise for just an hour a day. But during the soccer season and the off-season for football I exercise around two to three hours a day," said Large.

Although Large loves weightlifting and competing in sports, he does not see himself competing in weightlifting competitions in the future.

"I don't have aspirations to lift weights in competitions because I just don't really want to go into that. That is not really my type of thing," said Large.

Large does not want to compete with weightlifting, but he does love Basic Strength, and would highly recommend the class.

"I would encourage students to take strength training because it can really help students feel good about themselves, and it can also get them into personal fitness," said Large. To be the best Large can be, he not only has to spend a lot of time practicing, but he also has to put in 100 percent effort during those times.

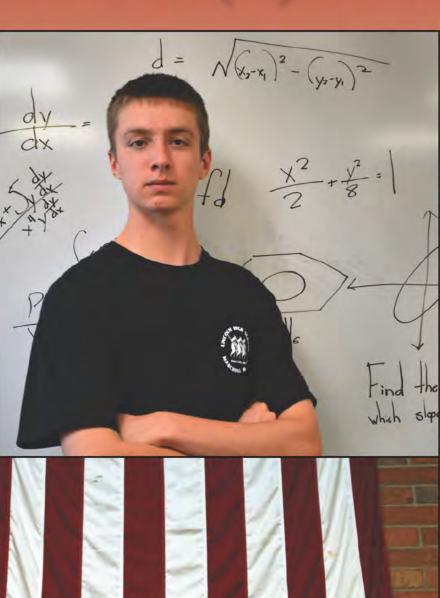
"During the season I try to keep my strength up, so I do a lot of high reps with lighter weights. But during the summer or offseason I try to gain strength by doing a lot of individualized lifts so my body has time to rebuild itself. I also do low reps with heavy weights," said Large.

Large is a great example of what physical strength is.

"I think strength comes with hard work. The harder you work, the more strength you can achieve," said Large.



'stren(k)th $\ n$,





PHOTOS BY BROCK GILMER AND MARIECLAIRE CHRISTENSON

3: The capacity of an object or substance to withstand great force or pressure

BY PRANAM DEY

LHS junior Zach Schmitz has a perfect 4.0 GPA and plans to take 18 AP classes by the time he graduates. He is already well-known among both students and teachers for his dedication to academics, but most do not know how much effort he puts into activities outside of the classroom. An unassuming person, Schmitz does not mind being known mainly for his success in difficult classes.

"Being known as an academic affirms my identity," said Schmitz. "I take hard classes to challenge myself and to explore many fields. You never think some things are going to be so complex, but once you learn more about them, it makes the ideas much more tangible."

Schmitz is certain the only way to do well in any task is to put in the dedicated time and effort to learn the subject. He schedules 30 minutes to an hour every day that he devotes to studying areas he finds challenging. Studying in a room free of distractions ensures the best use of time.

"I am a firm believer in persistent focus of concentrated study," said Schmitz. "There is no short road to success. It is worth achieving your goals because they're hard. When you choose not to multitask, your mind can fully grasp the concept."

Alongside his stellar grades, Schmitz is passionate about making a difference in the wider world. An active member of SALSA, Schmitz helped found a new charity campaign last year called "Night of Remembrance" that raised \$2,700 for the Children's Miracle Network. If that were not enough, Schmitz is in marching band and has made All-State Concert Band for trombone ev-

ery year of highschool. Understandably, Schmitz has mastered his time management skills to successfully manage multiple commitments.

"I always complete the hardest and longest tasks first, so that way it is a downhill slope after that," said Schmitz. "90 percent of effort is just showing up, so if students procrastinate, the most important things never get done. In order to develop strength in an area, simply find a quiet room and get it done."

However, even Schmitz needs to take time to relax and recharge on weekends. When he has a couple of hours free on the weekend, Schmitz likes to unwind by watching the History Channel, playing online chess, or just surfing Wikipedia for intriguing articles. Schmitz admits these activities may not appeal to everyone, but they have certainly worked for him.

4 : A person or thing perceived as a source of mental or emotional support

BY BELLA THOME

Having family overseas can be a life-changing experience. Many people who do not have family in the military may not realize the strength it takes to deal with this experience. LHS junior Andia Hartland understands the hardships that come with family in the military, since she has a sister and a brother-in-law in the Air Force.

Both of Hartland's family members have been deployed once. Her brother-in-law has recently returned from his deployment in Japan. Her sister is currently active in Maryland. The difficulty with having family overseas or in other areas is the fact that they are not home, and they cannot contact their family members.

"It really stinks not having my sis-

ter home. She is my best friend, and we hardly get the chance to talk. I am scared and worried for her, but I am confident that she will come home," said Hartland.

Even with a history of a family being involved in the military, it does not mean that Hartland will follow the same footsteps as her brother-inlaw or sister.

"I do not want to join the military because I want to be the first one in my family to go straight to college, even though the majority of my family members have been involved with the military," said Hartland.

Having a family member away for months or even years can really take a toll on people. Everyone is affected differently, but they all have one thing in common, strength. Family members have to be strong when a loved one is away and possibly in danger, and there is nothing you can do to help them except to have faith in them.

"I have gained a greater respect for other families with family members in the military because they can be really affected by this experience. I am really proud because the people in the military protect us and give us our freedom," said Hartland.

With family in the military it brought up a lot of different views and feelings for Hartland. Parents are proud, yet worried, that their family member may possibly be in danger.

"This has made me more independent and able to make choices that will make me happy and satisfied. It has also brought our whole family closer," said Hartland.





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Revamped Kaladi's: A great dining experience

By Pranam Dey and Brock Gilmer

After a month-long renovation over the past summer, the new owners of Kaladi's Bistro have reinvented the coffee shop as a relaxed, sit-down restaurant, perfect for a casual lunch or dinner with friends and family. The décor has changed, with modern art on the walls and two TV's showing CBS and ESPN. The two of us stopped by for a quick lunch to see how the new management has transformed the coffee shop we knew and loved.

We walked in and seeing the tables full, asked for seats at the bar. The friendly barista handed us menus, and we ordered quickly to try to make it back to LHS within the open lunch period. After ordering a grilled chicken sandwich and chicken pasta, we sat back and took in the atmosphere. The bistro was crowded but never uncomfortably so. Having to watch awkward daytime CBS soap operas and "The Talk" took away from the laid back environment, and the food took much longer than expected to arrive, perhaps too long to make Kaladi's a good open



PHOTO BY BROCK GILMER

Customers sit down for lunch at the newly renovated Kaladi's. While it may have lost its coffee shop feel, it is now a great place for a sit-down lunch or a dinner date.

lunch option. The actual food, however, far surpassed our expectations. it finally hit the table, it could not have been more beautiful. The fries, unlike most tradi-

The chicken bacon ranch sandwich immediately caught the eye in the menu, and when

it finally hit the table, it could not have been more beautiful. The fries, unlike most traditional fries, had a certain crunch that surpassed most other restaurants. The satisfaction from the perfectly seasoned fries had made up for the experience so far. The chicken sandwich lay forgotten, a mere secondary to the crispy, golden-brown fries. After a bite into the warm bun, the taste of fresh produce was a reminder that the best sandwich needs the best vegetables. The smoky, charcoal-fired taste of the bacon and chicken broke up the taste of the sandwich very nicely. The pasta was just as good. The same great chicken breast as the sandwich sat upon a more than generous amount of perfectly cooked pasta, and a glass of refreshing Coca-Cola washed it all down.

The ambiance of the bistro was excellent, and the food was even better. After glancing down at the phone to a check a Snapchat, we realized that we had completely lost track of time. We paid the bill and rushed back to LHS, only to arrive a few minutes after the sixth period bell. Worth it? Definitely. While Kaladi's may not be the best choice for open lunch, because it takes too long and costs a bit too much to be a quick lunch option, the newly renovated bistro is perfect for a casual sit-down meal.

Comfort foods: Suprisingly beneficial

By BAILEY MONSON

As we enter "sweater" weather, there is one particular thing on many people's minds; comfort food. Of course, there are many varieties of food that can fit into this category: pizza, mac and cheese, mashed potatoes and soup. Unfortunately, although they are delicious, many have high caloric values. Rarely though do people think of comfort foods as positive. Society is overly worked up about body image, and there is constant concern about eating too



Creamy mac and cheese is the perfect cure for your comfort food cravings.

much, too little or binge eating. But during this chilly season, let the diet obsessions go and instead, relish the flavors, because there is, in fact, a positive side to the comfort foods we know and love.

According to the National Academy of Sciences, the reason that comfort foods are so fulfilling is because eating when hungry is both pleasurable and rewarding. There is a positive effect in the brain created by neurotransmitters when we are eating the food we like. In the brain, dopamine, opioids and benzodiazepine affect how much people want to eat, and how much they like what they are eating. The opioid neurotransmitter system is also connected to levels of stress and agitation. Therefore, the more people like what they are eating, the less stressed out they are. This proof is shown in babies. It is apparent that giving sweet and fatty foods (like milk) to infants will soothe their crying and other distress symptoms.

So the next time you pig out on bread-bowls with chicken noodle soup, cookies and cider, do not feel bad. Your brain is happy, and you are happy.

There is nothing more comforting than a warm cookie and hot chocolate throughout the chilly winter season.



Online stores become alternative for dress shops

BY ELLIE BRECHT

Instead of buying dresses for school dances in stores, many LHS girls have ventured to experiment with buying their dresses online.

"It is much better to buy dresses online for dances because young women have a better chance of not having the same dress as someone else," said LHS senior Lauren Hoyne. "Having the same dress as someone else has become much more of a fashion problem in the past few years."

Having a different dress than everyone else is only one of the many advantages of buying a dress online, but there can be problems.

"Buying a dress online is much easier to do than going out and trying to find one that you like in stores," said Hoyne. "There are also many things that could go wrong when ordering a dress online."

It can be difficult to trust the website with shipping and handling matters and arrival times. It is also important to allow ample time for processing and delivery. If a girl is under a time crunch for an event, it is best not to risk the online buy.

Although there are some downfalls to ordering dresses online, Hoyne believes those are outweighed by the advantages that come with



PHOTO PRVIDED BY BROCK GILMER

ordering dresses online.

"Buying a dress online is much more fun because I am able to choose from many different types and styles of dresses, not just the selection of dresses which are provided in local stores," said Hoyne. "I usually buy a dress for a dance online at least once a year."

Ever since websites like Pinterest and Wanelo became popular, it has been easier for girls to find attractive dresses they would not normally see. Because of these websites, girls have started to purchase their dresses online.

"Many wonder how girls find their dresses online, and the truth is that if it weren't for online blogs like Pinterest and Wanelo, buying dresses online wouldn't be as popular," said Hoyne.

Buying dresses online comes down to having the chance to wear a unique style of dress that others can hardly duplicate. Places to purchase online dresses

www.modcloth.com

www.lulus.com

www.promgirl.com

www.nastygal.com

www.esther.com.au

www.boohoo.com

www.6pm.com

www.shop.nordstrom.com

www.jjshouse.com

www.promdressshop.com

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Local bands on the rise in the Sioux Empire Later Babes: Like nothing you have heard before By Lucas Michaels by Hall and Oates and "Take On Me" by Aha to by Hall and Oates and "Take On Me" by Aha to by Hall and Oates and "Take On Me" by Aha to Classic hip-hop band, with a very unique sound.

Later Babes: Like nothing you have heard before

By Lucas Michaels

Two years ago, Sioux Falls native, Isaac Show, would have never imagined that he would have reached the amount of success that he has today. The leader of the local remix band, Later Babes, is proud of what his group has accomplished and is looking forward to the music that they

will be making in the future.

"Lisa, (our first album), was originally made with no intention, just a dude making a mix in his basement. I started playing it at parties until it caught on to a lot of people, and then we formed the group," said Show.



Members of Later Babes enjoy making music for fans with all different music taste.

Later Babes is incredibly unique compared to the generic remix band. Not only do they take dance and rap songs and remix them, they use all types of music. In their most recent album, they go from 1980's pop songs like "Rich Girl" by Hall and Oates and "Take On Me" by Aha to modern hip hop songs like "Flashing Lights" by Kanye West and "Swing" by Savage, sometimes all in the same song. Their music is unlike any other sound a listener has ever heard.

"We love creating music and sharing it with people who enjoy it. All of us have been in bands

> growing up, and it would just seem weird to not be creating music with your friends. It is just rewarding that it is my job to hang out with my friends and make music," said Show.

Students can see Later Babes and other lo-

cal bands at The District on Nov. 29 at 8 p.m. The show is open to all ages and tickets can be bought in advance for \$10 or \$15 at the door. If a person is looking for some fresh new music and a good time, seeing Later Babes at The District is highly recommended.

Soulcrate Music is a well know rap group throughout the Midwest. The group blew up virtually overnight in their hometown of Sioux Falls. DJ Absolute and brothers Dirt Dee and Attention Def released their latest album, "Wel-

come Back From Wherever You've Been" in Sept. 2013, after a long couple of years touring nationally under Black Clover Records. Their album has 13 songs on it; all produced by Soulcrate themselves.

Soulcrate Music has performed

at a wide range

opening for Macklemore at Augustana College to downtown Sioux Falls performances set-up by the group. Because of this fame high school students have taken more interest in the three artists. Soulcrate music is classified as a soul and

The first song on the most recent album, "Unison," starts the album off right with a fast beat. Dirt De and Attention Def do a fantastic job telling a story through their lyrics that leave listeners wondering. With lyrics such as, "We move

> in unison we turn it out. you tune it in," that can be taken in many different ways, leaving listeners questioning about the meaning of the song. Their album will, no doubt, keep listeners entertained

and stimulated with their mu-

Members DJ Absolute, Attention Def and Dirt Dee of venues, from create an energetic and classic hip-hop sound.

sic. It is no question that Soulcrate Music will keep building on what they have accomplished so far. These three friends have put much time and effort into making a name for themselves and it has definitely been worth the time.

Avian sets the bar and soars past expectations of fans and critics alike

By SARA JANE TEAL

As we get older, we start to learn more about the realities of life. Some students want to be doctors and engineers, while others, like Corey Gross, have different goals in mind: to make it big in the music world. Gross works morning shifts at Planet Fitness, in Sioux Falls so he can practice with his band Avian in the afternoon.

"It can be difficult to juggle a job and our music-making, but our goal is to be full-time musicians and make it our plan A, with no plan B. When you are passionate about something and then you have to juggle other things on the side to sustain yourself financially, it can feel like a burden, but it is worth it in the end," said Gross.

Avian has traveled to many different colleges and schools to perform, including Los Angeles where the band will record another album. Although Avian started in S.D., the band's songs are featured on TV shows and movies like "The Real World" and "The Vow." Even though Avian



Corey Gross performs on stage with his band "Avian" at Ribfest 2012, in Sioux Falls. enjoys performing, they have other goals in as many people as we possibly can. We want to mind as a band.

"We always say that our mission statement is to write uplifting, hopeful music and reach

just bring a positive message to our audience," said Gross.

Gross' band Avian can be classified as a lo-

cal alternative rock/indie band. But in the past year, Avian has evolved by changing their sound.

"We are trying to use a mix of an organic sound with traditional instruments and work in different synthetic sounds to change it up a bit. We want to go more up the alley of sounds like those of 'Imagine Dragons'," said Gross.

Avian works hard to put their band's name out there by using social media and guerilla market techniques such as putting up flyers and interacting with different people on the street. Avian works hard to not only promote their band, but also their love of music.

"Music is a universal healing power, and personally it allows a person to be pulled out of their darkest moments and to feel at their darkest moments, and that is why we write music, so people can relate to it no matter what they are going through," said Gross.

Students interested in Avian music can access it through Spotify and local music stores.

Third version of "Carrie" has positives and negatives

By Makayla Disburg

Stephen King's 1974 novel "Carrie" was recently made into its third film adaptation. The original movie was released in 1976 with Sissy Spacek as the outcast Carrie White. The film left movie-watchers with chills up their spines and gave them a lasting impression of the famous scene where blood drenches Carrie at her high school prom. The film, centered around Carrie and her dark powers, also highlights the struggles of a teenage girl. In the first scene, insecure Carrie is bullied by the popular girls in her high school, creating the snowball effect of the horrors later to come. Released again in 2013, the newer adaptation has better graphics and special effects, not to mention better-looking actors and actresses. But does all the hype and glamour minimize

Sixteen-year-old Chloe Grace Mortez plays Carrie in the 2013 film, and unlike Spacek, it is easy to relate to what she is going through. Throughout the movie I almost felt like I was rooting for her to retaliate against those



"Carrie" is the third film adaptation of Stephen King's 1974 novel of the same title.

who hurt her. Mortez is easy on the eyes, and maybe that makes her seem less creepy and more relatable than Spacek in the original. Julianne Moore plays Carrie's mother, Mar-

garet White. Margaret is a very religious, self-harming woman who lives by everything the Bible says, literally. Carrie grows up in a dysfunctional home because of Margaret. Her

drives her insane, and Moore played a great role in portraying her character. One thing is for sure, while the 2013 film might be more suspenseful and is an accurate representation of today's high school experience, the horror is just not there. The newer film goes more in-depth than the original and is more interesting than frightening. There was a point in the original film where I actually gasped with fear, but that did not happen in the newer version. However, even though I did not have the nightmares I was hoping for, it was

Full moons and crisp air make this time of year perfect for "scary" thrillers. Get a group of friends together and head to the theaters. Or, do as I did and put yourself through the real horror of challenging yourself to sit through the movie alone. Even if you do not think the film will frighten you, there are still many suspenseful moments when you will want a pal and some popcorn to comfort you

From "Red" and "Blue" to "X" and "Y"

BY BROCK GILMER

It all started on Sept. 30, 1998. Homework would soon become incomplete and left in all players backpacks. Players now worried about their Game Boys running out of batteries and Charizard fainting in that ever important battle against Red. However, it is hard for most high-schoolers today to relate with the first Pokémon games because of the age in which we played them. However, with the release of "Yellow Version," today's high schoolers began to get familiar with the craze that swept the nations of the world. With the constant release of Pokémon games, players have become emotionally attached to not only our Game Boys, but to the Pokémon that accompanied us on our trips to school and to the restroom. This popular franchise has built a monopoly on handheld gaming, and it is still going strong.

Pokémon "X" and "Y" versions were released on Oct. 12, 2013. This extension in the Pokémon



PHOTO PROVIDED BY MCT CAMPUS Xerneas (above) is a new Pokémon available in Pokémon X. Pokémon "X" and "Y" are available for Nintendo 3DS.

franchise seemed to take some heat with the release of a new "Fairy" type and new "Mega-Evolutions." Another huge problem that could potentially hurt Nintendo and the sales of the games is the exclusivity of the Nintendo 3DS. Nintendo released the 3DS at the tail end of 2011, and it has not had very

much success in the games department. Luckily for Nintendo, Developers have adapted "X" and "Y" to have the largest changes in the series' history. Besides the new "Fairy-type" and "Mega-Evolutions", Game Freak and The Pokémon Company has flawlessly transitioned from 2-D, birds-eye view, to 3-D, over-the-shoulder view. Along with the 69 brand new Pokémon like Fennekin and Xereneas, some of the old favorites from previous generations return to the Pokémon party, including Charmander and Mewtwo. "X" and "Y" have also brought character customization.

Throughout the previous five generations of Pokémon games, this is the first time players could play as themselves. Gamers can run to boutiques and pick out their clothes, shoes and even head to the barber and get a haircut. So even if it is "X" and "Y," or a replay of "Ruby" and "Sapphire," make sure to enjoy the ride and make sure to "Catch 'em

This should not be your birth control method Saturday night.



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"Gravity" cannot keep you in your seat

BY ELLEN KOESTER

This review is for those in the LHS student body who absolutely hate horror movies; the students who never watch a movie on the edge of their seat, but instead watch from underneath their seat. Those who have never set foot in a haunted house or seen an entire horror movie, have we got a movie for you.

"Gravity" will easily scare an audience. It is not a horror; it is a space-thriller, so there are no masked villains or demon-possessed characters. The jump-scares are few and far between and are usually built up with an absence of music. And, apparently, in space, there is no such thing as blood or guts.

However, be warned, this is an intense movie. There are many very suspenseful scenes. The soundtrack can get incredibly loud, incredibly quickly, and it is often a jump-scare itself. The scariest scenes occur when the main character needs to get into/off a broken satellite. They are scary because to an audience member, the scientific gibberish is impossible to understand. History has shown that what human beings don't understand, usually scares us.

The same can be said for "Gravity's" main character, Ryan Stone (Sandra Bullock). She is a newbie astronaut who doesn't know much about space and sometimes has to hallucinate to find the answers to her problems. Luckily, her partner, Matt Kowalski (George Clooney) has been around the world a few times. These are the only characters in the entire movie. It is specified many times that Stone has no one waiting for her back on Earth and barely anything is said about Kowalski's backstory. Because of this, early in the movie, audience members don't really care if either of them makes it home. However, the characters are very well developed, especially Kowalski and a connection is eventually made between the fictional characters and the audience.

Reviews for this movie have been mixed. Many viewers-including other members of the Statesman staff-call the movie "slow" and say that they "fell asleep halfway through." I, a self-proclaimed movie-wimp, watched most of the movie from underneath my seat and screamed in a very high pitch once or twice, or, I'll admit, maybe more than five times. After a



Sandra Bullock (left) plays Ryan Stone, a medical engineer on her first space walk. Working with experienced pilot Matt Kowalski, played by George Clooney, she learns more about herself as she struggles to return to Earth after a catastrophic accident leaves them stranded in space.

traumatic experience in my childhood involving "Saw II," I have been unable to enjoy a scary movie. This is the first time I've actually

enjoyed being scared since that incident. Those with a story like mine, go out and enjoy this out-of-this-world "scary" movie.

"Ender's Game" much more than a game

By JOE HIATT

After almost 30 years from the release of Orson Scott Card's award winning novel "Ender's Game," Summit Entertain-

ment made it into a featured film.

The story revolves around Ender Wiggin (Asa Butterfield) a brilliant young boy who has been recruited and trained to save Earth as he leads his fellow soldiers into battle. Against the supposed dangerous aliens plotting to make Earth their new

"Ender's Game" has an all-star cast including Oscar nominated, Harrison Ford, Viola Davis, Hailee Steinfeld, Abigail Breslin and Oscar winning Best Actor in A Leading Role, Ben Kingsley.

Ender is the youngest of three Wiggin children who were all in the International Military program, His brother Peter (Jimmy Pinchak) and sister Valentine (Abigail Breslin) were both released from the program. Peter was released

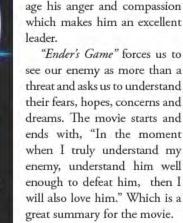
because he reacted too quickly with anger and Valentine because compassion clouded her responses. Ender is a combination of them both,

> quick to anger, but also compassionate. Ender however is strategic, and he learns to manage his anger and compassion which makes him an excellent

> see our enemy as more than a threat and asks us to understand their fears, hopes, concerns and dreams. The movie starts and ends with, "In the moment when I truly understand my enemy, understand him well enough to defeat him, then I will also love him." Which is a great summary for the movie.

"Ender's Game" is a great movie, and I would recommend it

to anyone who loves movies, space, aliens or just a great story filled with intense scenes of action and adventure that will keep audience members at the edge of their seat. This film is two hours well spent and will have viewers leaving the theatre not disappointed.



A classic "American Horror Story" By SARA JANE TEAL

"American Horror Story: Coven" does not dis-

FX Network's "American Horror Story" is in its third season, and the show keeps viewers on the edge of their seats. Each new season features the same actors, but they play different characters with a new setting and new plot line. "AHS: Coven" is not meant for the weak of heart, but rather it is meant for those who seek terror and corruption.

For the third season of "AHS: Coven," producers Ryan Murphy and Brad Falchuk mix the history of witches and slavery with magic and possibly the living dead. The plot line revolves around Jessica Lange who plays the "Supreme," the dominant witch of a dying race. Lange is not considered a villain or a hero but more of a neutral character who tends to stir the pot. Each character faces his or her hardship to create a dramatic climax at the end of the season.

Although not a very relatable show on the surface, "AHS: Coven" has many problems that the audience can relate to on a deeper level. Taissa Farminga who plays Zoe Benson, a young witch, has to cope with death, something everyone has to face at some point. On another more superficial level, Jessica Lange, the "Supreme," is struggling with the most natural process of life: aging. Lange is constantly searching for a pseudo-fountain of youth to keep her younger and in charge.

With many characters to relate to, "AHS: Coven" is on a roll. Murphy and Falchuk bring out the terror each Wednesday it airs. "AHS: Coven" is a healthy dose of suspense, horror and mystery rolled into one TV series. It pushes the limits of TV standards and safely breaks the boundaries without crossing any lines. "AHS: Coven" is a must-watch series, unless one is too scared to watch in the dark.



FROM ANNAMA TO Bangeres

Two LHS students discuss their differing views on Miley Cyrus' transition from a childhood idol to a globally twerking celebrity

Change needed to keep celebrity status

BY ELLIE BRECHT

Throughout these past few months, Miley Cyrus has been struggling to overcome a heartbreak that had her fooled.

Soon after the break-up of the engagment to Liam Hemsworth, on Oct. 4, 2013, she released her most recent album, "Bangerz." The album is filled with songs that are most likely about her ex, Liam Hemsworth, and how he made her feel then and now. As listeners, it is very easy to criticize Cyrus' actions and music of today, but the truth is that we are just outsiders, and we only see how the paparazzi has portrayed her since the breakup. Personally, I think when artists write about their personal lives, it is easier for the audience to connect with them, and it creates a stronger link to the music, and that is just what Cyrus has done with this album.

"Bangerz" includes a variety of pop/country songs and also pop/rap songs that feature

different artists in the music industry. Listeners have had a plethora of different opinions on each of the specific songs, but overall it seems as though many listeners are too quick to judge. Many of them choose not to have an open mind when listening to her new album for just the music itself. If people do not agree with the actions of Cyrus, that is completely understandable, but to not look in to what she has been going through the past few months and still judge her is a completely different story. Although some of her actions are ones that many of us are against, voicing opinions on the internet is not something that is going to help the situation.

Of course, there are people who think "Bangerz" is just another messed-up-reaction to her love-life problems, but many also choose to think that it is another milestone for her, and a great one at that.

Change too much for original fans

BY BELLA THOME

Some might say Miley Cyrus has turned into a "bad apple." Even though some listeners may like her better now, her recent endeavors have many people shaking their heads in disbelief and disgust.

Cyrus has completely changed herself including her personal style and the content of her songs. She was first known as Hannah Montana on the eponymous Disney Channel show, and thousands of little girls looked up to her as they do to many Disney stars. When Cyrus played Hannah, she was never as physically exposed as she has been recently. Cyrus' dancing was borderline inappropriate during her recent TV performance on the VMAs. She wore very little clothing, and her hair was crazy.

Cyrus' lyrics have changed in a negative way. The "Best of Both Worlds" is a well-known Cyrus song, and the main theme of the song was very innocent and age-appropriate. Whereas, one of her newest songs "We Can't Stop"

is more about being in a party setting, dealing with drugs and other inappropriate content. With such shocking differences, some parents have shut down their child's access to Cyrus' songs.

Her song "Wrecking Ball" has led to the most heated criticism. The song is about Cyrus going through a rough time with her then fiance, Liam Hemsworth, and how he crushed her heart. This music video is extremely explicit and not suitable for children, since she has little to no clothing on during the performance and there are many sexual innuendos. These videos are very different from her past videos as Cyrus lacks clothing, and a sense of what is right.

So I have to ask, why the changes Miley? Surely you have gone through a few rough patches lately. But is that really a reason for your absurd actions? Why would you want people's views to change from Hannah? Sadly,

there is no going back to your old self.



ENTERTAINMENT____

The District brings excitement to Sioux Falls area

By JFB COOPER

The District is a multi-theme restaurant, lounge and event hall. The district opened on Nov. 8, and is located on 49th and Louise Avenue on the Empire Mall campus. The property is 37,000 square feet, which can seat up to 450 guests in the restaurant/lounge, and up to 1,500 people in the event hall. The kitchen is state-of-the-art and boasts top-dollar equipment.

"We custom ordered an authentic wood-fire grill, and our chefs had to fly to Seattle to be properly trained by the manufacturer. This will give our food an authentic hickory-charcoal-flavor. The menu is made from scratch, offering dishes such as steaks, gluten-free pastas, seafood and many seasonal and signature options," said Jered Johnson, CMO and co-founder of The District. "If diners are looking for smaller portions, we also have a variety of appetizers as well"

The District also has 75 different types of wine, 48 beers on tap, as well as full liquor, including several signature and classic cocktails. What the owners of The District have created is a place not just targeting one particular age group, but targeting everyone from high school students, to families, to the highly social young



PHOTO PROVIDED BY THE DISTRICT

The District recently opened to the public with a free concert featuring Uncle Kracker. The new venue offers entertainment options for the growing metro area and Sioux Falls visitors

adult crowd.

"Before we started construction on The District, we had to do research on successful venues in other cities. We visited places like The House of Blues and Hard Rock Cafe, which have a similar concept. We traveled to bigger cities such as Minneapolis, Los Angeles and Las Vegas. We then put our own localized spin on everything we saw and liked in other venues," said Johnson.

Along with having a full restaurant and lounge, The District's event hall consists of two levels. The top level is a balcony, which overlooks the first floor. It has three V.I.P. suites, which are available to purchase show-by-show. Additionally, the suites offer a full bar setup, personal servers and personal restrooms. The bottom floor has a stage on the north wall and can be used for a variety of events, such as weddings, business meetings, theatre and concerts. The District is expected to bring a new way for all ages to be entertained and to relax in Sioux Falls.

"Overall, this project has been fairly smooth," said Johnson. "Lloyd Companies and all the sub-contractors have been excellent to work with, and everything is on schedule."

Alternative folk band on the rise

By Bella Thome

Most LHS students have not heard of The Avett Brothers, a popular alternative folk band, and they are missing out. Their new album, "Magpie and the Dandelion," was released on Oct. 15 of this year and hit number five on the U.S. Billboard 200 after only a week.

The band originated in North Carolina, and of the six members that are a part of the band, two are brothers, hence the name, The Avett Brothers. The Avett Brothers have not been in the spotlight for very long, after starting the band in 2000. The Avett Brothers have been featured on "Late Night with Jimmy Fallon" more than once, along with many other late-night talk shows.

The Avett Brothers are considered to be a folk band, yet they have many sounds. In their new album, the main theme is centered around the idea of not having boundaries or rules in life. With songs like "Another is Waiting" and "Never Been Alive," the theme is clear. The Avett Brothers do not lack some

pop influences and southern twang in their songs. "Another is Waiting" is a perfect example of some of the pop aspects that were brought to this album and "Morning Song" is an example of the southern twang. With so many different aspects in the music, The Avett Brothers will appeal to almost anyone. With a rising number of fans, it is not a surprise that more and more people are finding out about them.

This album, as good as it may be, is a step down from their previous album, "The Carpenter." "Magpie and the Dandelion" has changed in some aspects, not only with song lyrics but also with song content. In past albums, their songs mostly revolved around love and the thoughts of being in a relationship, whereas the new album is more about being independent. This new and upcoming band has not reached the top easily. The Avett Brothers have been on various tours and performances with top bands like Mumford and Sons, and Bob Dylan. Fame and fortune is in The Avett Brothers' future.



PHOTO PROVIDED BY MCT CAMPUS

Scott Avett of the Avett Brothers performs in Greensboro, N.C. on a stop on their tour across the United States. The closest stop on their tour to Sioux Falls is in Green Bay, Wis. on Nov. 21.



LHS STATESMAN

NOVEMBER 15, 2013

By the Numbers

Number of kills
Senior Steph
Buss has hit
During her
LHS volleyball
CAREER



DAYS UNTIL GIRLS BASKETBALL SEA-SON BEGINS



PLACE THE LHS
BOYS CROSS COUNTRY TEAM RECEIVED
AT THE STATE MEET



NUMBER OF GAMES THE LHS FOOTBALL TEAM LOST DUR-ING THEIR REGULAR SEASON

Upcoming Events

Tuesday, December 3 Varsity Gymnastics vs. Vermillion @ LHS 6:30 p.m.

Saturday, December 7
Varsity Wrestling at the Roosevelt Invite
@ RHS 9:00 a.m.

Friday, December 13 Varsity Boys Basketball vs. RC Central @ LHS 7:30 p.m.

Domeward bound: LHS football reaches for state title

BY DYLAN HALL

The LHS football team is going back to the Dakota-Dome in Vermillion, S.D. for the first time since 2008. The Pats beat OGHS 28-0 in the semi-final game to advance to the state championship, where they will play RHS for the second time this year.

It was a long, victorious road for the Pats, as they finished the regular season with a perfect 8-0 record, the first undefeated season in school history. The Pats beat Rapid City Stevens 42-7 in their first playoff game before beating OGHS in the semi-finals.

It was a tough game against OGHS, as the game was scoreless after the first quarter. Both defenses came out strong and neither team was able to gain many yards. The two teams started by trading punts, but OGHS fumbled the ball on their second punt return, giving LHS the ball back deep in their territory. Although the Pats could not capitalize on the field position, as they ended the drive by missing a field goal.

LHS would be able to get the run game going in the second quarter, as running back Caden Quintanilla scored two second quarter touchdowns to put the team up 14-0 at halftime. There was a big scare in the second quarter when quarterback Connor Burchill had to leave the game with a serious knee injury. Burchill was replaced by his backup, Isaiah Roach, who did a good job in relief, completing 6 of 11 throws for 79 yards.

"It was a sad moment because it was Connor's senior year, but I'm the backup, and I needed to come in there and lead the team to a win," said Roach. "I just thought



PHOTO BY BROCK GILMER

Junior Isaiah Roach steps up to lead the team after starting quarterback Connor Burchill was injured in the second quarter. Roach will most likely receive the ball at the Dakota-Dome due to Burchill's torn ACL.

going in that it was just another football game, and I had to do everything I could to help the team get to the DakotaDome."

In the second half, LHS scored two more touchdowns, both coming after OGHS fumbles. Quintanilla finished the game with 29 carries for 118 yards, while also scoring all four of the team's touchdowns.

The team moves on plays RHS in the state title. The

Pats beat RHS 35-28 on Sept. 13. That was the only loss of the season for RHS, who finished the regular season with a 7-1 record before beating WHS, 28-20 in their first playoff game. They also beat BVHS 65-35 in their semi-final game, which earned them a berth to the DakotaDome.

The game will take place on Saturday, Nov. 16 at the DakotaDome at 7:30 p.m. Student tickets to the game cost \$8.00.

Standing Pat: Could LeBron James dominate the NFL?

By Kade Walker, Staff Writer

Number 6 settles on the line of scrimmage, and is 2 inches taller than Rob Gronkowski. He weighs nearly the same as Von Miller, and he is faster and more athletic than Calvin Johnson. James is printed on his back. He wears rings from the NBA and he is trying to reach greatness in the NFL.

LeBron James is a freak athlete, and his size puts him above all others in the NBA. In the past he has made comments about exploring another sport within the NFL. In a Q & A on Twitter, James said he would like to play in one NFL game before it is all said and done. Could he do it? Could James play in one of the most physical games in the United States?

James could outreach and out-jump most NFL defensive backs and would be an immediate mismatch. Nmadi Asomugha has a 40 time of 4.45 seconds. LeBron James, who is 30 pounds heavier and 6 inches taller, is only .015 seconds slower. That small difference in time wouldn't be much, considering the large reach James has to catch a pass. Any ball that is close would be his.

James could not just walk into a team's training camp and be the best player there. He has raw-talent, but he needs refinement. He would need an offseason to develop into a truly effective player. He would not be a very good blocker because he just won't have the strength of an NFL linebacker. He would also struggle with the pace and skills NFL players learned in college.

Another factor: A 6 feet 8 inch man running down the field is already a huge target, but if he is one of the best athletes in sports today, he would be hit during every play by the best of the best NFL hitters. James already has a "flopping" problem in the NBA, as he tends to fall

to the floor after light hits, but how would he do when he was checked by battle-hardened men going out on a suicide route up the middle? Fans have to wonder if he could take the beating game in and game out.

Let's think about the biggest issue of major league sports. The issue measured in dollar signs. Imagine how packed even the worst team's stadiums in the NFL would be to see "The King" try his hand at football. Nike would have a field day with all the T-shirt and James football clear sales. The NBA and the NFL could be ushered into a new age of money-making and more importantly, friendship.

Could James do it? And, could he do it effectively? I think he could, but he needs to be prepared to be hit and hit hard. He is gifted like few others and before, and if he decides to take his talents to the NFL, he could rise to the top just like he did in the NBA.

Vining takes home individual state golf title

By MarieClaire Christenson

Up four strokes with four holes to go, the nerves started kicking in.

Junior Tommy Vining ended his 2013 LHS golf season with a second consecutive state individual golf title at Brandon Golf Course Oct. 8 and 9.

"It is pretty tough to win any golf tournament," said Vining. "To win the state tournament two years in a row feels pretty good. There are only a handful of people who can say they have done it."

OGHS senior Max Donahue was favored to win the tournament. After the first day, Vining was down by one stroke. But defying the odds, Vining came back to take home the title while Donahue was left with third place at the end of the two day tournament.

"It was tough to beat Donahue," said Vining. "I just played my own game and did not really worry about him."

As the tournament was winding down the second day, Vining tied OGHS senior Chris Gaher for first place, causing the round to go into a sudden death playoff. Both Vining

and Gaher were required to play an extra hole to determine the individual winner of South Dakota's AA state golf tournament. Vining ended up winning the hole and taking first place for the second year in a row.

The countless hours Vining spent on the

The countless hours Vining spent on the course throughout the year truly paid off. He proved once again that hard work and dedication will take a person to the top. Even those who are the best have room to improve.

"I want to be more consistent with the putter. It is kind of on and off for me," said Vining.

Golf is a tough mental game. Some find it hard to love, but others know they will never stop playing.

"Throughout the summer when traveling every week, sometimes I would want to take a break, but I would never want to quit," said Vining.

For Vining, the want for success is what keeps him motivated. He hopes to play golf in college, but he is aiming for another state golf title next year before he bids farewell to LHS.



HOTO PROVIDED BY LHSBOYSGOLE SHUTTERELY COM

After winning back-to-back state championships, Vining will try for a third state title next year.

Boys Soccer:

Continued from pg. 1

Another source of the boys soccer team's motivation was the individual players' passion for the game, which contributed to the team's success and ultimately, their state title.

"No one on the team thought they were better than anyone else, and everyone loved to play and would do anything to win," said Cuellar. "I'm most proud of Erik Rossing because he worked very hard last year to play varsity, and he was able to this year."

Playing for a team with such high expectations for success is an unforgettable experience for team members who were further inspired by the attendance of fellow students at games throughout the season. Belhaj, who has been a part of three championship teams in his four years playing LHS soccer, is thankful for the support of fans who witnessed the team uphold the reputation that is all too familiar to the LHS soccer program.

"Since my freshman year, it has been my dream to win state in Sioux Falls because it is usually out of town, and I was so glad our fans could come support us," said Belhaj. "There is an overwhelming amount of joy, and I am so happy we got to end with a win."

Girls take second at state soccer for third year in a row

By MarieClaire Christenson

As the final whistle blew, the dream of the girls soccer state title was whisked away into the hands of RHS.

"Everything just froze," said LHS senior midfielder Maggie Squyer. "We watched Roosevelt go into a screaming huddle, and all of us dropped on our knees."

Hearts broke as the LHS girls soccer team took second place for the third year in a row at the state tournament in Sioux Falls on Oct. 17-19.

"It feels good to have made it as far as we did, but it is hard that it is our third year of getting second," said LHS senior Lily Breukelman. "After experiencing it the first and second time, it is sickening to have that feeling a third time."

Although they did not win the championship, there was victory in the struggle. The girls held their own, and their hard work did not go unnoticed.

"We had almost two weeks straight of practice, which was not fun," said Breukelman, "but we improved a lot between the last game of the season and state."

RHS scored in the 79 minute of the 80 minute game, winning the championship 1-0. The girls gave it their all, making for a well-fought game.

"As a team, our hard work definitely showed in



PHOTO PROVIDED BY MARK SMITHE

Having taken three second place finishes in a row, the LHS girls soccer team hopes to get back to the state championship game next year but earn a different result.

the final game," said Squyer. "Even if we didn't get the result we wanted, people could see that the effort was there."

As time goes on, players may think of the things they could have done differently, but even with second place, they are proud. Not many teams can say they made it as far as LHS the past three years.

"I don't think there is anything I would change," said LHS sophomore Julie Teslow. "We played our hearts out, and I believe we gave it our all."

As the senior players go off in their separate ways, the team will have to learn to rebuild and fill the holes all the seniors held. The players will always remember the team meals, road trips across the state and the countless hours spent out on the field.

"It is sad knowing I won't play again, but it has been a good run," said Squyer.

For the 2014-15 season, the younger girls are hoping to break the second place streak and take home the title.

tatesman Sports Insight

Kade Walker thinks...

Dylan Hall thinks

Drew Brees has led the New Orleans Saints to a 7-2 start, throwing for an average of 340 yards per game. Brees is making a strong case for league MVP early in the season as he is 2nd in the NFL in both passing yards and touchdowns.

Oregon quarterback, Marcus Mariota. Mariota has the highest quarterback rating in the country at 93.8 out of 100. He has thrown for 2,531 yards and 22 touchdowns and rushed for 495 yards and nine touchdowns.

The Oklahoma City Thunder will play against the Chicago Bulls in the finals this year. The Bulls' MVP point guard Derrick Rose is coming back off a torn ACL and should be in great shape. The Thunder won't have much of a challenge.

Shaquille O'Neil. During his playing career, he was one of the best centers ever, ranking 6th on the all-time scoring list. He is still in great shape and could probably make a comeback more easily than most.

Joe Montana. He led the San Francisco 49ers to four Super Bowl wins, the most of any quarterback in NFL history. He had a 15-year career from 1979-1994.



Who will be the NFL MVP?



Who will win the Heisman?



Teddy Bridgewater Jr. has been raising his NFL stock week-in and week-out; do not be surprised if he beats out Johnny Manziel and Marcus Mariota for the Heisman.

Peyton Manning was snubbed for the MVP award last year.

This year, with the Purple Hulk (Adrian Peterson) having an

off-season, Manning should run away with the MVP.



Which teams will make it to the NBA finals?



The **Miami** Heat, led by Lebron James, will march to a fourth straight NBA finals series this coming season, where they will meet the **Rockets**, which are led by James Harden and the newly acquired Dwight Howard.



Best potential comeback for an NBA athlete?



Yao Ming, if he is injury free or Shaquille O'Neil. The NBA is going through a speed phase, and there are not very many true centers left in the league. Shaq and Ming would dominate if they were both healthy.



Who is the best quaterback in NFL history?



Brett Favre is the only person to win the MVP award three times. Favre holds the record for most passing yards ever, and he has been a Super Bowl champion. He shattered records and set a precedent for the next great generation of NFL quarterbacks.

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SPORTS ______STATESMAN | November 15, 2013

Dance team leaves it all on the dance floor

By MaKayla Disburg

While most LHS students were enjoying their ice cream and laying out by the pool appreciating their summer, the dance team was hard at work preparing for the season ahead of them. The team started conditioning, working on technique and choreographing routines before school started. LHS chemistry teacher, Katie Pabst, took over for Jenna Simpson as dance coach earlier this season.

"It was difficult with a new coaching style at first," said LHS junior Sara Jane Teal. "How we practice was different from the previous year, but I think Coach Pabst did a good job of pushing us, which helped us place better at competitions throughout the season."

The dance team competed in six competitions, danced at three football games and performed at the variety show and pep rally.

"We performed three routines that we have been trying to perfect since the beginning of July," said LHS senior Alyson O'Connor.

Finishing a long and exciting season, the dance team made its way to the state dance



PHOTO BY MADDIE SCHULTZ

The LHS Dance team huddles before performing the hip hop routine. It took the girls about 30-45 minutes to complete their hair, makeup and costumes.

competition. Preparing for the competition, the girls practiced every day after school for two hours. Their previous coach, Jenna Simpson, also came back to help perfect the routines.

"Jenna helped us clean up our dances before

state because an extra set of eyes and a different perspective is always a big help," said Teal.

On the Friday of the state competition, the team bonded by going to the Rushmore Mall and had a team meal at Olive Garden. LHS was also given gym space to rehearse their routine that night, and the girls went to watch the State A Dance Competition. On Saturday, the girls performed dances in hip hop, jazz and pom. Competing against 16 teams, the dance team finished with third in hip hop, fourth in jazz and sixth in pom. The team placed sixth overall.

"I was happy with how we danced, but not how we placed," said LHS junior Katie Cutler. "I think we deserved to place higher because of the difficulty of our routines. Judges never look at the difficulty of any routines. They only look at how together and clean the dance is."

The season is over for the dance team, but the girls are determined to remain close and keep the bonding going all year long.

"State was the best competition so far," said LHS senior Shelby Meier. "The long trip gave us a chance to really bond. Every year is different, but out of any year I've been on the team, this year stands out. All of us are friends and together we have become a team."

Missing Murphy

BY DYLAN HALL

LHS mascot, Murphy, currently resides in the gym office. He has not been spotted anywhere this year. Not at football games or pep rallies, and students and fans are starting to wonder why he is not showing up at games or if he will even show up at all.

"Being the mascot is not an easy task," said LHS chemistry teacher, Katie Pabst. "While you are in the costume, you will have people come up to you and try to do silly things. In order to be Murphy the mascot, you have to be a very trustworthy person. We currently don't have a student to fill that role."

There is a chance that you could see Murphy show up soon, as it would only take one person having the motivation to be the LHS mascot.

"Sam Alvine and Jared Jaton would both be good people to be Murphy," said junior Will Hannemann. "They are both leaders in the student section every game and would do a good job as our mascot."

Murphy does have a big impact on the students when he is at games.

"It gives us more school pride when he is at the games. It reminds us who we are cheering for. He gets us so pumped up. If he were at games we would be so loud that we wouldn't be able to hear ourselves think," said Hannemann.

As long as there is nobody to fill the role of the school's mascot, Murphy will remain locked away in the gym office and the school will have to continue all of its major events without a mascot.

"There is always a possibility of a mascot appearance in the future, as long as Murphy stays safely locked away. He has been stolen in the past, but thankfully, he has always been safely returned," said Pabst.

If you are interested in being Murphy, you can contact Katie Pabst in room A304.



PHOTO BY BROCK GILMER

The head of Murphy currently lies locked away in a dark closet in the gymnasium.

#BostonStrong

By Kaylie Ericson

Red Sox Nation went wild on the night of Oct. 30 when the team won the 2013 World Series against the St. Louis Cardinals in a 4-2 series.

The Boston Red Sox have taken the World Series title three times since 2004, when they beat the Cardinals to win their first title since 1918. Until this year, the Red Sox had not won a World Series at their home field, Fenway Park, in 95 years.

Both Boston and St. Louis finished the regular season 97-65. After dominating their respective Division Leagues and Championship Series, the two teams began Game 1 of the World Series on Oct. 23. Ahead in the series 3-2, Boston finished strong with Game 6 on Oct. 30, defeating St. Louis 6-1. Boston's designated hitter and first baseman David "Big Papi" Ortiz, who also helped lead the team to victory in 2004 and 2007, was named MVP of the World Series after batting an impressive .688 throughout the six games.

Over two million Red Sox fans celebrated the well-deserved World Series win with the team in Boston on Nov. 2, parading from Fenway Park to the Charles River with a pause in between as the duck boats crossed the finish line of Marathon to

remember the victims of the bombings earlier this year.

After an awful 2012 season, finishing 69-93, Boston's odds of winning the 2013 World Series were unfavorable, but a significant comeback defied all odds, and

Red Sox Nation rejoiced. The team and its fans are hopeful for a continuation of success into the 2014 season, which begins Mar. 31.

PHOTO PROVIDED BY MCT CAMP

MEET THE

FOOTBALL



Trevor Naasz, 12 Prized possession: My level 100 Charizard Hidden talent: I can recite pi to two decimal places.

Quote you live by: "Weedle use string shot."



Taylor Salava, 12

Prized possession: Levi Foss' Homecoming crown... that he never got Hidden talent: I'm really good at singing Taylor Swift songs... you can't tell the difference between us. Quote you live by: "To be the best, you have to be your best."-Coach



Quincy Score, 12

Prized possession: The visor Ethan Decosse gave me Hidden talent: Caleb and I have

perfected the "ooh kill em" dance. Quote you live by: "Believe you can and you're halfway there."



Mike Van Veldhuizen, 12

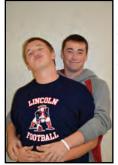
Prized possession: My Xbox 360 Hidden talent: Speed-eating Quote you live by: "When I get sad, I stop being sad and be awesome instead." -Barney Stinson



Matt Wagner, 12 Prized possession: Hannah Stock's love note

Hidden talent: Making 'Grind on Me' vines

Quote you live by: "Some people think football is a matter of life and death. I assure you, it's much more serious than that." -Coach Beavers



Levi Rozeboom, 12

Prized possession: QB1 and RB1 Hidden talent: Pouring syrup Quote you live by: "Yeah your mom!" -Matt Wagner



Caleb Rector, 12

Prized possession: My picture with King Foss

Hidden talent: I can fit two giant marshmallows in my mouth without gagging... @MaggieSquyer.

Quote you live by: "If two wrongs don't make a right, try three."



Connor Burchill, 12

Prized possession: My family because I couldn't be where I'm at today without them

Hidden talent: I am a better Pokemon master than Trevor Naasz. Quote you live by: "North"



Dylan Bartow, 12

Prized possession: North Hidden talent: I can recite any Ace Hood lyric.

Quote you live by: "Straight cash homie."



Keshaun Britt, 12

Prized possession: The box of KFC I have under my bed for when I get hungry

Hidden talent: How fast I can eat a bucket of fried chicken

Quote you live by: "When in doubt, go North."



Levi Foss, 12

Prized possession: The crown that Jimmy Keating allowed me to get Hidden talent: I'm better at basketball than Caleb Rector

Quote you live by: "Ride or Die"



Caden Quintanilla, 12

Prized possession: Torrey's heart Hidden talent: I can sing Quote you live by: "My back hurts from carrying the team all season." -Matt Wagner



Alex Andersen, 12

Prized possession: My car Hidden talent: Definetly dancing; I single handedly took the dance-off crown at the USD camp.

Quote you live by: "We don't wanna be good, we don't wanna be great, we wanna be the best!"-Coach Beavers



Reid West, 12

Prized possession: Sophia Hidden talent: I've been told I can

Quote you live by: "Hard work beats talent when talent doesn't work hard."



Taylor Ochsner, 12

Prized possession: Dylan Mertes' mouth guard

Hidden talent: Amazing one-handed catches on the sideline

Quote you live by: "Heck no it don't get cold in the Jungle."



Sophia Schwan, 12

Prized possession: Charlie and Reid Connor West

Hidden talent: I am the #1 Schwan's truck driver in SuFu.

Quote you live by: "Boom same time." -Mr. Wells



Kelsey Sauers, 12

Prized possession: My coffee maker **Hidden talent:** I can put mascara on with my mouth shut.

Quote you live by: "Don't hate me 'cause you ain't me."



Zoe Simon, 12

Prized possession: My Drake poster **Hidden talent:** Stalking Drake on Instagram/Facebook/drizzydrake.org **Quote you live by:** Anything Drake has ever said



Shelby Meier, 12

Prized possession: My blazin' hot Cadi

Hidden talent: I can pinch with my toes and leave serious marks.

Quote you live by: "A little party never killed nobody, so we gon' dance until until we drop?"

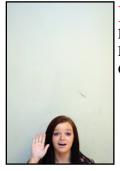


<u>D</u>ance

Alyson O'Connor, 12 Prized possession: My dog

Prized possession: My dog **Hidden talent:** I'm a matchmaker for Ms. Pabst.

Quote you live by: "Ooo kill 'em."



Kennedy Dose, 12

Prized possession: My 18 pound cat Hidden talent: I can shoot a gun. Quote you live by: "WAYHO."



Keylee Rentschler, 12

Prized possession: My Chrome Book

Hidden talent: I can play the flute while unicycling.

Quote you live by: "Don't drop that thun thun thun."



Sarina Jensen, 12

Prized possession: My phone charger

Hidden talent: Rollerblading **Quote you live by:** "Everybody in the club gettin' crispy."



Christina Schmidt, 12

Prized possession: Leonardo Di-Caprio

Hidden talent: I can put my legs behind my head.

Quote you live by: "Dance like Leonardo DiCaprio is watching."



Kristin Nassen, 12

Prized possession: My Nike Air Max 2013's and my inhaler

Hidden talent: I can go farther than Izzy in the pacer.

Quote you live by: "Got heeem."



Hannah Stock, 12

Prized possession: Matt Wagner **Hidden talent:** Making up dances with Lily Breukelman

Quote you live by: "Who says you're not perfect? Who says you're not worth it?" -Selena Gomez



Lauren Hoyne, 12

Prized possession: My crown-given by my mom since day one **Hidden talent:** Twerking, obviously

Quote you live by: "Don't hate me 'cause I'm beautiful." -Keri Hilson



Maddie Schultz, 12

Prized possession: My foster kitten, Pit Bull

Hidden talent: Beyonce

Quote you live by: "H8rs are my motiv8rs."- Taylor Salava



Steph Buss, 12

Prized possession: My Sperry's Hidden talent: Not sweating Quote you live by: "The future is no place to place your better days." -Dave Matthews



Abbie Jarratt, 11

Prized possession: Maddie Schultz Hidden talent: Twerking of course Quote you live by: "Trying is the first step towards failure."









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